

PRODUCE

ORGANIC
3 LB. BAG YELLOW
AND RED POTATO



3²⁹
EA.

ORGANIC
1 LB. BAG MINI
SWEET PEPPERS



3⁶⁹
EA.

Organic
**RED AND GOLD
BEETS**



1⁶⁹
LB.

CERTIFIED ORGANIC

Ashland Shop-N-Kart Produce
Organic
**SUGAR BEE
APPLES**



2⁹⁸
LB.

CERTIFIED ORGANIC

Organic
LEEEKS



1⁹⁸
LB.

CERTIFIED ORGANIC

**LARGE
POMEGRANATE**



2⁹⁸
EA.

ORGANIC
2 LB. BAG
AVOCADOES

4⁹⁸
EA.

CERTIFIED ORGANIC

**LARGE RED AND
GREEN GRAPES**

3²⁹
LB.

BRUSSEL SPROUTS

ORGANIC
**MACINTOSH
APPLES**

1⁹⁸
LB.

CERTIFIED ORGANIC

2⁴⁹
LB.



ASHLAND SHOP'N KART®
2268 ASHLAND STREET
OPEN 7 A.M. 'TIL MIDNIGHT

STOCKING OVER
90 FRESH ORGANIC
PRODUCE ITEMS!

ASHLAND'S OWN Shop'n Kart

Help Conserve Paper & View Our Ad online! www.ashlandshopnkart.com

Ashland Shop'n Kart® 2268 Ashland Street, Ashland Oregon

Now featuring over 10,000 organic and natural food items.

PRICES EFFECTIVE - OCT 07 - OCT 13, 2026

IN OUR GROCERY DEPARTMENT

CELESTIAL
Seasoning Teas
28 Var. 18-20 Ct.



3²⁸
EA.

IN OUR HEALTH & BEAUTY DEPARTMENT

**TERRY NATURALLY
SUPPLEMENTS
LINE DRIVE SALE**



**"FAB HABITAT"
OUTDOOR MATS
25% OFF**



IN OUR MEAT DEPARTMENT



PAINTED HILLS
Natural Beef Boneless
Chuck Roast

5⁹⁹
LB.

PAINTED HILLS
Natural Beef Lean
Ground Beef
"Value Pack"

5⁹⁹
LB.

IN OUR BEVERAGE DEPARTMENT

QUADY NORTH

Rose
750 ML.



10⁹⁸
EA.

IN OUR GROCERY DEPARTMENT

CROFTERS
Fruit Spreads
11 Var. 16.5 Oz.



4⁴⁸
EA.

CROFTERS
Fruit Spreads
6 Var. 10 Oz.



3⁴⁸
EA.

IN OUR FROZEN DEPARTMENT

SEAL THE SEASON
Organic Blueberries



7⁹⁹
EA.

IN OUR BEVERAGE DEPARTMENT

HOP VALLEY BREWING
Alpha Centauri
American Double/Imperial IPA
6 Pk. 12 Oz. Cans



4⁹⁸
+DEP.

ASHLAND SHOP'N KART, LOCALLY OWNED AND OPERATED FOR OVER 38 YEARS

GROCERY



FRANZ
Organic Naked Sourdough,
Sprouted, Twenty Four and
Greatseed Breads 20 Oz. Loaves

4⁴⁸
EA.



FRANZ
Naked Classic White, Honey
Wheat and Potato Breads
22.5 Oz. Loaves

3²⁸
EA.



FRANZ
English Muffins
6 Var. 13-16 Oz. 6 Ct. Packages

2³⁸
EA.

FROZEN

SO DELICIOUS
Non Dairy Ice Cream
Sel. Bars and Pints



4⁹⁹
EA.

URBAN PIE
Pizza Roman Style Crust
13.3-19.8 Oz.



8⁹⁹
EA.

YACHACK
Yerbamate
4 Var. 16 Oz.



1⁵⁸
+DEP.

CASCADE MT.
Sparkling Waters
28 Oz. Glass Bottles



1⁸⁸
+DEP.

WINE

ROXY ANN WINERY
HONOR BARN RED
750 ML



11⁹⁸
EA.

VALLEY VIEW
ROGUE RED
750 ML



7⁹⁸
EA.

MONTE OTON
GARNACHA
750 ML



6⁴⁸
EA.

CASSA ROSSA
"IL DE BEAUTE" ROSE
Crisp, dry Mediterranean wine
from Corsica, France. Notes of
Strawberry, red berries and vibrant
minerality.
750 ML



5⁹⁸
EA.

GROCERY

GOOD BEAN
Coffee
All 12 Oz. Var.



9⁹⁸
EA.

MUIR GLEN
Organic Pasta Sauces
8 Var. 23.5 Oz.



3²⁸
EA.

BRIANNA'S
All Natural Salad Dressings
26 Var. 10-12 Oz. Bottles



2⁹⁸
EA.

ALIDORO
Organic Olive Oil
.5 Liter



6⁴⁸
EA.

NATIVE FOREST
Canned Coconut Milks
All Var. 13.5 Oz. Cans



2²⁸
EA.

MILKADAMIA
Macadamia Nut Milks
5 Var. 32 Oz. Cartons



3⁴⁸
EA.

MEAT

PAINTED HILLS
Natural Beef Boneless
Chuck Steaks "Value Pack"

7⁹⁹
LB.

PRAIRIE FRESH
Natural Pork Boneless
Loin Chops "Value Pack"

2⁹⁹
LB.



PREVIOUSLEY FROZEN
Ahi Tuna Loin Steaks

9⁹⁹
LB.

PRAIRIE FRESH
Natural Pork Boneless
Loin Roast

2⁴⁹
LB.

